

Hair mineral analysis



Test Instructions

The test set contains the following materials:

- 1 x request form
- 1 x instructions
- 1 x sample envelope for hair samples
- 1 x shipping envelope

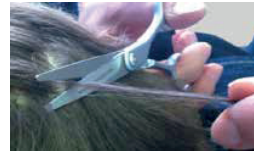


Fig. 1



Fig. 2

Sample collection:

Hair

- Take hair from neck / back of the head.
- Cut the hair off as close as possible to the scalp on several places with a clean scissors (Fig. 1).
- With a hair length of more than 4 cm, please shorten the removed hair from the hairline (Fig. 2).
- At least one table spoon of curly hair or the amount, similar to the thickness of a pencil, is required.

Pubic and body hair, (armpit hair is not suitable)

- At least 1 table spoon of hair is required.

Fingernails

- Nail samples of all ten finger nails (unvarnished) are required.
- For having enough material (at least 100 mg), the nails can be collected for about 1 to 2 months.

Put the sample material in the sample envelope and seal it.
Please complete the missing information on the sample envelope.

Sample shipment:

Please send us the following materials in the enclosed shipping envelope back:

- **completed request form, signed by you**
- **sample envelope with your hair samples**